



**Speed Stix** are a set of three weights and an adapter to fit on to your driver or fairway wood shaft, turning your club into a set of speed sticks, **perfectly fitted to you.**

Our system doesn't stop there however...

We also look after your golf health and fitness through a training programme, created by an experienced Strength and Performance coach which will take you through mobility tests (and associated corrective exercises), strength, power and overspeed training.

With the SpeedStix system you and your students can increase your club head speed by over 10 mph....that equates to 30 yards extra carry.

**Swing FASTER not HARDER.**

Golf Pros/Retail Outlets - enquire about our wholesale deals at [orders@speedstix.com](mailto:orders@speedstix.com)